

16 October 2019

Dear Trainer,

### **Apprentice Jockeys – Workplace Health and Safety**

With the resumption of night racing this season we remind all trainers/masters of the following requirement:

Where the apprentice has undertaken race riding at a night meeting, the apprentice **must have 10 hours** between their last race ride at that meeting and commencing track work the following morning.

Track stewards will be required to document what time each apprentice is commencing track work on the morning after night racing.

All masters have a responsibility under the *Work Health and Safety Act 2012* to ensure an apprentice's health and safety, as far as is reasonably practicable. This includes ensuring an apprentice is undertaking their track and race riding duties where they are not fatigued.

It is strongly recommended that all masters ensure their apprentices who are riding at a night race meeting and whom have four or more race rides:

Ride a maximum of six horses in track work on the day of the night race meeting.

This is to ensure that apprentices have sufficient rest prior to commencing race riding that evening and that they are in the appropriate physical and mental condition to fulfil their race riding duties as safely as is possible.

Please feel free to contact me on 0419 390 803 if you have any queries.

Yours sincerely

Stephen Maskiell  
**Tasmanian Apprentice Jockey Program Manager**

cc: Kevin Ring, Tasmanian Jockeys Association  
cc: Peter Lui, Chris Graham and Scarlet So